

Publication Summary: Outcomes Across the Three Study Phases

Anonymous descriptive results based on daily self-reports; ratings use a 1-to-5 scale.

Pre-study context and expectations

The pre-study survey included 24 respondents. Baseline faith-related interaction averaged 2.7 on a 10-point scale, and perceived openness averaged 2.5. Respondents hoped primarily for spiritual awakening, changed character, improved communication, reconciliation, and healing. Expectations about the study methods were mixed: 8 expected speaking and singing to be equally connected with breakthrough, 7 favored singing, 3 favored speaking, and 6 were unsure.

Overall scored outcomes by phase

Outcome	Phase 1: Usual Day	Phase 2: Speaking	Phase 3: Singing	Favorable direction
Core Anxiety	2.75	3.01	3.30	Lower
Internal Faith/Resolve Shift	2.89	3.52	3.84	Higher
Felt Spiritual Distance	4.16	3.95	3.86	Lower
Joy & Presence	3.09	3.57	3.78	Higher
Atmospheric Resistance	3.31	2.42	2.48	Lower

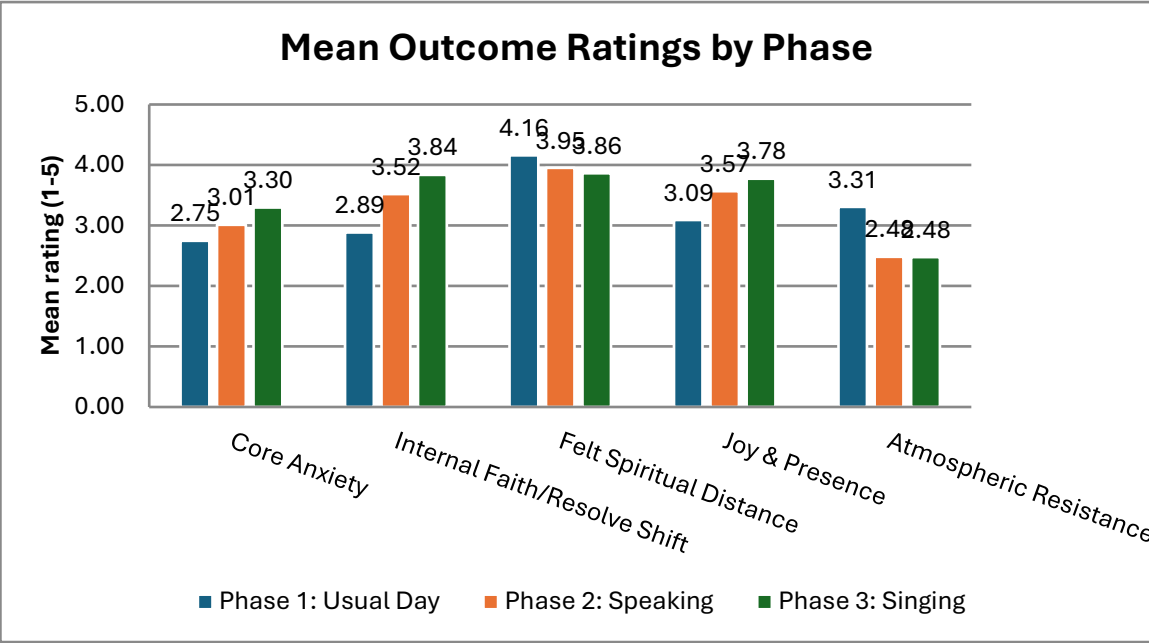
Study coverage					
Measure	Phase 1	Measure	Phase 2	Measure	Phase 3
Daily responses	88	Daily responses	81	Daily responses	80
Participants represented	19	Participants represented	19	Participants represented	18
Rating scale	1 to 5	Rating scale	1 to 5	Rating scale	1 to 5

Publication-ready phase summaries

Phase 1 (usual day) provided the descriptive comparison condition, with 88 daily responses. Mean scores were 2.75 for anxiety, 2.89 for internal faith/resolve shift, 4.16 for felt spiritual distance, 3.09 for joy and presence, and 3.31 for atmospheric resistance.

Phase 2 (speaking Scripture) included 81 daily responses. Relative to Phase 1, internal faith/resolve shift and joy/presence were higher, while felt spiritual distance and resistance were lower. Anxiety was also higher. The pattern is descriptive and should not be interpreted as evidence that speaking Scripture caused the changes.

Phase 3 (singing Scripture) included 80 daily responses. It showed the highest average internal faith/resolve shift and joy/presence, and the lowest average resistance. Felt spiritual distance was lower than in Phase 1, while anxiety was highest in this phase. These are self-reported associations within this study group, not causal effects.



Participant testimonials

Phase 1 - Usual Day

"My daughter also spoke to her father, one of the few times they conversed...and it was the most peaceful in years."

Phase 2 - Speaking Scripture	"My youngest actually read a couple of verses with me today...I was surprised that he just started reading it out loud. Other than that, I have really seen God's peace increase in my home."
Phase 2 - Speaking Scripture	"My oldest cooked dinner with me...That was more time together than we've had in quite a while, and we didn't argue."
Phase 3 - Singing Scripture	"I had an actual hour-long phone call with my daughter that we haven't had in weeks...I feel like a confirmation from God."
Phase 3 - Singing Scripture	"My faith and trust in Yehovah got definitely deeper and wider by singing the Word. It is like the opening to a new dimension that I just entered and started to discover."
Phase 3 - Singing Scripture	"Though the prodigals I was praying for were adults, and some were not in contact with me, I received wonderful news confirming changes in three of them. Two apologized for their behavior, and my daughter had the most wonderful visit in years with my oldest son and his family, who had previously shut us out of their lives. I wept to hear her testimony. Hallelu Yah! I also saw a big change in my attitudes and faith, which is of great importance when praying. I have been blessed through Messianic Hebrew worship dance and would suggest a fourth phase that adds movement to music and the singing of Scripture. Worship combined with intercession may be among our highest callings."

Phase 3 - Singing Scripture	During Phase 3 of the Prodigal Son Study, Tammy began speaking the names of her brothers as she completed the Scripture assignment. One brother had been distant from faith for years, and she longed to see him turn back toward the Word of God. Then an unexpected phone call brought joyful news: her brother had found an audio Bible app, begun listening to Scripture, and started using its devotional three times a day. Because reading is difficult for him, the audio format opened an accessible new way for him to receive the Word. For Tammy, the call was an answer to prayer and the encouraging beginning of a prodigal heart turning toward Scripture. "I have to say, this is a direct result of adding his name to the 'Prodigal Son Study'! He truly has been a Prodigal Son for many years! ... I'm just so happy to hear his report!" - Tammy
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Editorial note
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Testimonials are anonymous unless an attribution was supplied, and may be lightly edited for punctuation, length, and clarity while preserving the participant's meaning.

Interpretive limitations

Paste-ready website summary

Speaking the Word Brought Inspiration - Singing It Went Even Further

Before the study began, 24 participants described limited faith-related interaction and openness among the children and descendants for whom they were praying. Yet they entered with strong hope for spiritual awakening, changed hearts, restored communication, reconciliation, and healing. Their expectations about the study methods were mixed: some expected singing to be stronger, some expected speaking to be stronger, others believed the two methods would be equal, and several were unsure.

The study results revealed an encouraging pattern. Compared with simply going about the usual day, speaking the assigned Scriptures aloud was associated with greater faith and resolve, more joy and awareness of God’s presence, less spiritual resistance, and greater perceived closeness to reconciliation or God. Singing the assigned Scriptures showed the strongest overall results. The spiritual-inspiration measure was approximately 5% higher during singing than during speaking, while the direct faith-and-resolve rating was approximately 9% higher. The measure representing perceived positive change or spiritual closeness in the children was approximately 4.3% higher during singing.

These findings suggest that speaking Scripture aloud can be a powerful source of encouragement and spiritual strengthening—and that adding melody may deepen that experience even further. Participants also shared moving reports of renewed communication, apologies, peaceful family interactions, increased personal faith, and a greater sense of hope.

This study does not prove that speaking or singing Scripture directly caused every reported change. However, within this group, active engagement with the Word—especially through singing—was associated with the most encouraging spiritual outcomes.

Website highlight

In this study, speaking Scripture aloud was associated with meaningful spiritual encouragement, while singing Scripture produced the strongest overall results—about 5% higher on the combined spiritual-inspiration measure than speaking alone.